

# **sexsmarts**

A Series of National Surveys of Teens About Sex: Birth Control and Protection (7/04)

Q1. How much would you say you know about the different methods of birth control and protection that are available today?

|    |          | Total — 15-17 | Ger  | ıder  | Sexually Active |    |
|----|----------|---------------|------|-------|-----------------|----|
|    |          |               | Boys | Girls | Yes             | No |
| a. | A lot    | 43            | 39   | 48    | 62              | 34 |
| b. | Some     | 45            | 47   | 44    | 31              | 52 |
| c. | Not much | 11            | 13   | 8     | 6               | 13 |
| d. | None     | 1             | 2    | 1     | *               | 2  |

Q2. How concerned are you personally about (INSERT ITEM)?

#### Percent responding very or somewhat concerned

|    |   | Total<br>15-17 | Gender |       | Sexually Active |    | _ |
|----|---|----------------|--------|-------|-----------------|----|---|
|    |   |                | Boys   | Girls | Yes             | No |   |
| a. | Facing an unintended pregnancy (INSERT IF MALE: with a partner) | 59             | 59     | 59    | 67              | 55 |   |
| b. | Getting an STD  | 63             | 66     | 60    | 72              | 59 |   |

Q3. I am going to read a list of different methods of contraception and protection currently available. For each please tell me how familiar you are with this method. How familiar with this are you—a lot, somewhat, only a little, or not at all familiar?

#### Percent responding a lot or somewhat familiar

|    |   | <b>T.</b> ( )  | Gen  | der   | Sexuall | y Active |
|----|---|----------------|------|-------|---------|----------|
|    |   | Total<br>15-17 | Boys | Girls | Yes     | No       |
| a. | Condoms                                     | 85             | 87   | 83    | 98      | 78       |
| b. | Female Condoms                              | 35             | 37   | 32    | 42      | 31       |
| с. | A diaphragm                                 | 35             | 32   | 38    | 45      | 30       |
| d. | A cervical cap                              | 18             | 13   | 23    | 27      | 14       |
| e. | An IUD (IF NECESSARY: Intra Uterine Device) | 12             | 8    | 15    | 18      | 9        |
| f. | The Shot, or Depo-Provera                   | 40             | 26   | 55    | 56      | 32       |
| g. | The Patch                                   | 61             | 53   | 69    | 64      | 60       |
| h. | The Ring                                    | 21             | 15   | 26    | 27      | 17       |
| i. | The Pill                                    | 77             | 73   | 82    | 83      | 74       |

Q4. (Asked of those familiar with each method) I am going to read a list of different methods of contraception and protection. For each please tells me how effective this method is at protecting against sexually transmitted disease, including HIV. Is this very, somewhat, not too, or not at all effective?

### Percent responding very or somewhat effective

|    |  | Total          | Gender |       | Sexually Active |    |
|----|--|----------------|--------|-------|-----------------|----|
|    |  | Total<br>15-17 | Boys   | Girls | Yes             | No |
| a. | Condoms (Total=447)                                    | 84             | 84     | 84    | 90              | 80 |
| b. | Female Condoms (Total=189)                             | 73             | 69     | 78    | 78              | 70 |
| c. | A diaphragm (Total=196)                                | 60             | 56     | 62    | 56              | 62 |
| d. | A cervical cap (Total=103)                             | 67             | 69     | 66    | 59              | 75 |
| e. | An IUD (IF NECESSARY: Intra Uterine Device) (Total=69) | 42             | 47     | 39    | 44              | 40 |
| f. | The Shot, or Depo-Provera (Total=228)                  | 40             | 40     | 40    | 43              | 38 |
| g. | The Patch (Total=330)                                  | 39             | 38     | 40    | 33              | 43 |
| h. | The Ring (Total=112)                                   | 48             | 46     | 50    | 39              | 56 |
| i. | The Pill (Total=415)                                   | 40             | 40     | 39    | 34              | 43 |

Q5. (Asked of those familiar with each method) I am going to read a list of different methods of contraception and protection. For each please tell me how effective this method is at protecting against unintended pregnancy. Is this very, somewhat, not too, or not at all effective?

| Percent | responding | vervior | somewhat | effective |
|---------|------------|---------|----------|-----------|
|         |            |         |          |           |

|    |  | Total -        | Ger  | nder  | Sexual | ly Active |
|----|--|----------------|------|-------|--------|-----------|
|    |  | 16tat<br>15-17 | Boys | Girls | Yes    | No        |
| a. | Condoms (Total=447)                                    | 92             | 95   | 89    | 95     | 90        |
| b. | Female Condoms (Total=189)                             | 88             | 84   | 93    | 93     | 85        |
| с. | A diaphragm (Total=196)                                | 82             | 80   | 84    | 84     | 81        |
| d. | A cervical cap (Total=103)                             | 82             | 74   | 87    | 85     | 79        |
| e. | An IUD (IF NECESSARY: Intra Uterine Device) (Total=69) | 87             | 99   | 81    | 86     | 89        |
| f. | The Shot, or Depo-Provera (Total=228)                  | 86             | 82   | 89    | 94     | 80        |
| g. | The Patch (Total=330)                                  | 85             | 83   | 87    | 87     | 84        |
| h. | The Ring (Total=112)                                   | 79             | 71   | 83    | 80     | 78        |
| i. | The Pill (Total=415)                                   | 94             | 94   | 94    | 97     | 92        |

Q6. (Asked of all) Please tell me how important each of the following is to you in choosing a method of birth control or protection. Would you say that this is very, somewhat, not too, or not at all important?

#### Percent responding very or somewhat important

|    |  | Total          | Ger  | nder  | Sexual | ly Active |
|----|--|----------------|------|-------|--------|-----------|
|    |  | Total<br>15-17 | Boys | Girls | Yes    | No        |
| a. | How well it protects against HIV/AIDS and other STDs | 98             | 98   | 98    | 97     | 98        |
| b. | How well it prevents pregnancy                       | 94             | 94   | 94    | 95     | 94        |
| с. | That it is easy to get                               | 85             | 84   | 85    | 87     | 83        |
| d. | That you don't have to take it every day             | 71             | 71   | 70    | 70     | 71        |
| e. | Side effects   | 93             | 93   | 93    | 91     | 94        |
| f. | That my parents don't need to know I'm using it      | 64             | 64   | 63    | 65     | 63        |
| g. | That my partner doesn't need to know I'm using it    | 59             | 59   | 58    | 57     | 59        |
| h. | How much it costs                                    | 66             | 63   | 68    | 64     | 66        |
| i. | What my partner wants to use                         | 86             | 92   | 80    | 83     | 88        |

Q7. (Asked of all) Have you ever talked about birth control or protection options specifically with any of the following people - (READ ITEMS)?

#### Percent responding yes

|    |  | Total -        | Ger  | nder  | Sexuall | y Active |
|----|--|----------------|------|-------|---------|----------|
|    |  | 10tal<br>15-17 | Boys | Girls | Yes     | No       |
| a. | Your mother  | 47             | 35   | 59    | 61      | 40       |
| b. | Your father  | 27             | 39   | 16    | 39      | 21       |
| с. | Someone you are romantically involved with, like a boyfriend or girlfriend | 47             | 48   | 45    | 91      | 25       |
| d. | A health care provider like a doctor                                       | 37             | 25   | 50    | 56      | 28       |
| e. | A teacher  | 35             | 40   | 30    | 34      | 36       |
| f. | Your friends   | 68             | 61   | 75    | 87      | 59       |
| g. | Your sister/brother/other family member                                    | 44             | 37   | 52    | 59      | 36       |
| h. | A religious leader like a priest or minister                               | 11             | 11   | 12    | 10      | 12       |

Q8. (Asked of all) For each of the following, please tell me how much information you have gotten about birth control or protection from the following sources. Have you gotten a lot of information about birth control or protection, some, not much, or none?

| Percent | responding | some or a | lot of i | nformation |
|---------|------------|-----------|----------|------------|
|         |            |           |          |            |

|    |  | Total          | Gender |       | Sexually Active |    |
|----|--|----------------|--------|-------|-----------------|----|
|    |  | Total<br>15-17 | Boys   | Girls | Yes             | No |
| a. | Your mother  | 58             | 43     | 73    | 68              | 53 |
| b. | Your father  | 34             | 43     | 25    | 41              | 31 |
| с. | Someone you are romantically involved with, like a boyfriend or girlfriend | 41             | 47     | 36    | 71              | 27 |
| d. | A health care provider like a doctor                                       | 49             | 35     | 64    | 60              | 44 |
| e. | A teacher  | 54             | 55     | 53    | 53              | 54 |
| f. | A religious leader like a priest or minister                               | 16             | 16     | 16    | 15              | 17 |
| g. | Your friends   | 66             | 59     | 73    | 76              | 61 |
| h. | Your sister/brother/other family member                                    | 38             | 29     | 47    | 46              | 34 |
| i. | Magazine articles  | 58             | 43     | 74    | 60              | 57 |
| j. | Advertising about different products                                       | 65             | 61     | 68    | 68              | 63 |
| k. | Television shows   | 58             | 59     | 57    | 59              | 57 |
| l. | The Internet   | 39             | 36     | 42    | 45              | 36 |

### Q9. (Asked of all) If a girl has just had sex and thinks she might be pregnant, is there anything she can do in the next few days to prevent pregnancy?

|               | T. (.)         | Gender |       | Sexually Active |    |
|---------------|----------------|--------|-------|-----------------|----|
|               | Total<br>15-17 | Boys   | Girls | Yes             | No |
| a. Yes        | 58             | 53     | 62    | 69              | 52 |
| b. No         | 31             | 35     | 26    | 22              | 35 |
| c. Don't Know | 12             | 12     | 12    | 8               | 14 |

### Q10. (Asked of all) Have you ever heard of emergency contraceptive pills, sometimes called morning after pills?

|    |            | Total<br>15-17 | Gender |       | Sexually Active |    |
|----|------------|----------------|--------|-------|-----------------|----|
|    |            |                | Boys   | Girls | Yes             | No |
| a. | Yes        | 63             | 58     | 68    | 72              | 59 |
| b. | No         | 37             | 41     | 32    | 28              | 41 |
| c. | Don't Know | *              | 1      |       |                 | *  |

## Q11. (Asked of those who have heard of emergency contraceptive pills) Do you know what emergency contraceptive pills are used for? Are they, A, used (to END pregnancy, that is, to cause an abortion) or B, (to PREVENT pregnancy)?

|  | Total<br>15-17 | Gender |       | <b>Sexually Active</b> |    |
|--|----------------|--------|-------|------------------------|----|
|  |                | Boys   | Girls | Yes                    | No |
| a. To end pregnancy, that is, to cause an abortion | 43             | 46     | 41    | 42                     | 44 |
| b. To prevent pregnancy                            | 52             | 49     | 54    | 53                     | 51 |
| c. Don't Know                                      | 5              | 5      | 5     | 5                      | 5  |

### Q12. (Asked of all) Have you ever had sexual intercourse?

|        | Tatal          | Gender |       |
|--------|----------------|--------|-------|
|        | Total<br>15-17 | Boys   | Girls |
| a. Yes | 33             | 35     | 32    |
| b. No  | 67             | 65     | 68    |

Q13. (Asked of those who have had sexual intercourse) In general, when you have sexual intercourse how often do you use birth control or protection -- All of the time, most of the time, some of the time, or never?

|  |                | Gender |       |  |
|--|----------------|--------|-------|--|
|  | Total<br>15-17 | Boys   | Girls |  |
| a. All                                 | 71             | 69     | 72    |  |
| b. Most                                | 18             | 19     | 18    |  |
| c. Some                                | 6              | 4      | 8     |  |
| d. Never                               | 4              | 6      | 2     |  |
| e. Only had sex one time (volunteered) | 1              | 2      |       |  |

Q14. (Asked of those who have had sexual intercourse and had ever used birth control) I'm going to read a list of types of birth control or protection, for each please tell me if this is a method you or your partner have ever used. Have you or your partner ever used (READ ITEM)?

|  | Total<br>15-17 | Percent responding <i>yes</i> Gender |       |  |
|--|----------------|--------------------------------------|-------|--|
|  |                |                                      |       |  |
|  |                | Boys                                 | Girls |  |
| a. Condoms                                     | 100            | 100                                  | 99    |  |
| b. A diaphragm                                 | 5              | 8                                    | 1     |  |
| c. A cervical cap                              | 1              | 2                                    |       |  |
| d. An IUD (IF NECESSARY: Intra Uterine Device) | 2              | 4                                    |       |  |
| e. The Shot, or Depo-Provera                   | 16             | 10                                   | 22    |  |
| f. The Patch                                   | 13             | 7                                    | 20    |  |
| g. The Ring                                    | 1              | 2                                    |       |  |
| h. The Pill                                    | 45             | 44                                   | 47    |  |
| i. Withdrawal, or pulling out                  | 59             | 54                                   | 63    |  |

Q15. (Asked of those who have had sexual intercourse and had ever used birth control) If you (FOR MALES: your female partner) were having sex and thought you (FOR MALES: she) might be pregnant, would you consider using emergency contraception, or the morning after pill to prevent an unintended pregnancy?

|    |            | Total<br>15-17 | Gender |       |  |
|----|------------|----------------|--------|-------|--|
|    |            |                | Boys   | Girls |  |
| a. | Yes        | 67             | 72     | 62    |  |
| b. | No         | 28             | 24     | 33    |  |
| c. | Don't Know | 4              | 4      | 5     |  |

#### Methodology

This Kaiser Family Foundation and seventeen magazine National Survey of Teens: Birth Control and Protection is a random-sample survey of 519 teens, ages 15-17. The survey was designed by the Foundation and seventeen and conducted by telephone by International Communications Research (ICR) between April 6 and April 10, 2004 as part of their monthly teen Omnibus survey. The margin of error is plus or minus 5% for the total sample and may be larger for certain subsets presented in this analysis.